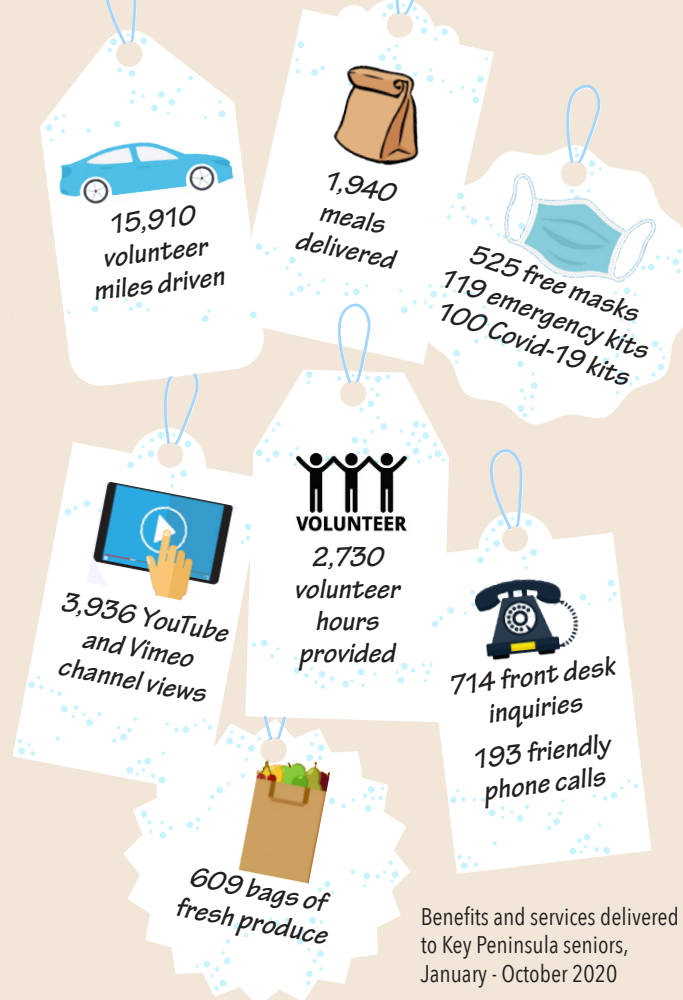


*In this time when there is so much to worry about, we've focused on **taking good care of seniors living on Key Peninsula.***

Thanks to your generosity, *the Mustard Seed Project continues to provide support and services to our senior friends and neighbors on the Key Peninsula.*



*Luckily for our local seniors,
your generosity keeps delivering.*



Benefits and services delivered to Key Peninsula seniors, January - October 2020

The Mustard Seed Project staff, volunteers and partners provide a wide array of services to help seniors age in place here on the Key Peninsula. Our assistance includes transportation, information and referral, in-home volunteers for household and yard work, friendly visits and calls, promotion of healthy aging and connection with vital resources, as well as enriching art and movement classes.

People Helping People. This pandemic makes everything harder, but that doesn't mean that the Mustard Seed Project has cut back. We continue to meet with seniors, now mostly by phone or on-line. With seniors at highest risk from coronavirus infection, we remain very cautious and adhere to high safety standards for staff, volunteers and clients.

Coming Soon. Our assisted living project will break ground in 2021. Almost \$4 million has been raised and we are working with the USDA to secure a loan to begin construction.



It will be the first supportive senior housing on the Key Peninsula – with a unique commitment to serve 30% Medicaid-eligible residents.

Our website has details on our programs and services for seniors. **www.the-mustardseedproject.org**
Call 253 884-9814

Isolation, hunger, lack of information, assistance with the simplest chores. The list seems endless.

Yard Care for a Retired Landscaper



Key Peninsula resident, Mr. H, worked a long time as a landscaper.

He prized his own yard in his younger years and kept it up diligently. As he aged, yard care became an increasing challenge, eventually, he could not safely walk about his own property.

In June, his caregiver requested help from the Mustard Seed Project to trim hedges and mow his lawn.

Tiffany, a long-time Mustard Seed volunteer, was able to start the project on her own. We also called upon the Rotary Clubs of Gig Harbor to trim bushes, weed-whack, mow the lawn and haul out debris. Over the course of two work sessions, they gave 43 hours of their time to clean up Mr. H's yard.

Mr. H was beyond grateful to the crew who worked to make his property something he can enjoy with pride.

While the yard work is over, caring Mustard Seed Project volunteers check in on him regularly, keeping him connected to our community.



Garden Views from a Rejuvenated Porch

At the end of June, the Mustard Seed Project started helping 80-year-old Mr. G, a disabled veteran. He lives alone and had not left his house since Covid-19 precautions began in March.

The Mustard Seed Project brought in a volunteer crew from the local Rotary Clubs to bring Mr. G's deck up to snuff, replacing unsafe planks and shoring it up. Others brought the yard under control by weed-whacking and mowing. A volunteer even climbed onto the roof to clear away debris with a leaf blower.

In a few days, Mr. G was sitting on his porch, admiring his yard, ready to welcome friendly visitors who water plants and keep the deck and wheelchair ramp swept clear. Mr. G. feels less isolated now – critical to healthy outcomes for everyone, especially frail older people.

Your continued support creates more hope and happiness for seniors everywhere on the Key Peninsula. Please give generously, now.



COURTESY HUGH MCMILLAN, TNT

Joy and Happiness Delivered Inside a Bag of Fresh Produce

On produce distribution day, a client told us how much she appreciates coming through the parking lot each week to pick up fresh food as it is her only social outing.

She loves seeing smiling faces while being able to stay safe in her car. She was brought to tears by how much this program has meant to her during these challenging times.

"What a joy it has been to serve others on Produce Fridays, and to witness all the appreciation from our area seniors, many of whom are my friends, who greet me with shouts of cheer! It is amazing how serving others brings joy to our lives too!"

Heather Rogers, volunteer